

Kemurungan di Kalangan Guru Wanita

Siti Taniza Toha

Kementerian Pelajaran Malaysia

This research used Beck Depression Inventory (1993) and Workers Psychological Problem Questionnaire (1992). A total of 761 women teachers were selected as a sample from 368 schools from all over Malaysia. The result of the research showed that 63.8% of the sample respondents experienced serious depression. The main causes for their depression were personal psychological problems, health, career and financial problems, religion and behavioural problems as well as marital and psychosocial problems.