

# Keberkesanan Bengkel Pengembangan Diri Berkelompok Terhadap Pembangunan Kendiri Penjawat Awam

Mohd. Pakarul Razy Mohamad  
Bahagian Perkhidmatan Psikologi  
Jabatan Perkhidmatan Awam Malaysia

*This paper discusses the Self-Enhancement Group Workshop module. There were five government agencies have used this module in collaboration with the Psychological Service Division of Public Service Department of Malaysia (PSD) from 2003 until May 2006. This paper also looked at the effectiveness of the module for the officers who participated in the programme. The data were collected using the Self-Assessment Form, Programme Assessment Form, Supervisor Assessment Form and scores from the Yearly Performance Appraisal. The data analysis was only done on selected items such as questions on Part 1 in Self-Assessment Form as well as Part B and C in Programme Assessment Form. The effectiveness of the programme was assessed using the mean differences that were assessed and the Yearly Performance Appraisal score differences mean of the officers. Overall, the findings suggested that the Self-Enhancement Group Workshop module made a positive impact towards work performance and the development of individual with quality.*